



# Georgetown Living

## Home Health Benefits

### Home health services:

- Skilled Nursing
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Social Work
- Home Health Aides

### Home health can help with:

- Declining physical ability or falls
- Wounds or skin breakdown
- New or worsening medical conditions
- Understanding new medications
- Difficulty performing activities of daily living
- Depression, anxiety, dementia
- Stroke or heart attack recovery
- Uncontrolled diabetes or heart disease
- Parkinson's disease
- Chronic pain
- Hospitalization recovery
- Many other conditions

### You can qualify for home health if:

- It is a taxing effort to access outpatient services
- You have seen your physician recently
- Your physician provides an order for home health

### What do home health clinicians do?

**Skilled nursing** can help with providing wound care, administering certain medications, teaching you how to live better with chronic illnesses, or teach you how to cope with a new diagnosis or injury.

**Physical therapists** can help you regain strength, have improved balance, and learn fall prevention skills, as well as teach you ways to decrease pain from sore joints.

**Occupational therapists** can help you navigate your environment easier by learning how to accomplish common tasks in a much safer manner. They also work to decrease falls and keep you safe and healthy.

**Speech therapists** work on issues such as swallowing difficulties, improving speech and cognitive function after a stroke or other neurological disorder is diagnosed. They help you to reach your highest potential.

**Social workers** provide assistance to people who need help finding community services, dealing with caregiver strain, and those who may need assistance with obtaining legal information, financial resources, etc.

**Home health aides** can provide short term help with tasks such as showering, dressing, and grooming following a hospitalization or surgery until you are able to perform these tasks safely again.

## Call Today!

# (512) 843-0117